

QP Code: 110009

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations
March (November), 2020**

Panchakarma

Time: 3 Hours

Max Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Essay

(2x10=20)

1. Explain the definition, importance of Anuvasana. Explain Anuvaasana vidhi.
2. Explain the properties of Virechana drug. Explain Virechana vidhi.

Short Notes

(10x5=50)

3. Importance and method of rookshana in Sodhananga snehapana.
4. Importance of Vasti as Ardha chikitsa.
5. Describe the classification of Sweda according to Brihatrayees.
6. Define the contraindications of Nasyakarma
7. Specify the diet just before the day of Vamana and Virechana.
8. What is Moordha taila. Write the indications.
9. Explain Peyadikrama.
10. Explain the indications of Chatusnehas.
11. Explain the indications and methods of Sadya sneha.
12. What are the general precautions for Panchakarma.

Answer Briefly

(10x3=30)

13. Ritusodhana
14. Sneha anupana
15. Abhyanga guna
16. Vasti putaka dosha
17. Upanaha sweda
18. Sirovasthi guna
19. Matrabheda of snehana
20. Pratimarsa nasya kala
21. Matravadoushadha
22. Enumerate Vamana vyapats
